

February 15, 2021

Ps. 28:6-7, “Praise be to the LORD, for He has heard my cry for mercy. The LORD is my strength and my shield; my heart trusts in Him, and He helps me. My heart leaps for joy, and with my song I praise Him.”

The Hebrew word for *strength* is **uz zi** which means *His almighty strength that has no limits*. There is great comfort in knowing that the LORD Who has all strength is endowing us with that same strength. What this means for the believer is that we can face anything that this world might bring our way. It is not a strength that we can summon up from within ourselves, but the strength of the LORD Himself, flowing through us. In many ways, God simply wants us to be the conduit that His love, power, and grace flow through. He is the vine, and we are the branches. And, Jesus says that if we abide in Him, we will bring forth much fruit!

The Hebrew word for *shield* is **ma gin** which means *a barrier of scales or a fortified shield*. Not only has the LORD given us His mighty strength, He also protects us with His shield that is fixed around us. Nothing can penetrate this shield just as nothing can come against us when we walk in obedience and faith in Him.

King David says that his heart trusts in Him. I wonder if we truly trust Him in the same manner. Do we trust Him enough to let go of things that we think are so important? Are we willing to take a step of faith? Would we have stepped out of the boat if Jesus had bid us to come to Him on the water? I pray we can learn to trust in Him at all times. **Ps. 34:1, “I will trust the LORD at all times; His praise shall continually be on my lips.”**

Dear LORD, thank You that You are our strength and our shield. Help us to walk by faith, not by sight. Help us to proclaim with David, that our hearts trust in You, In Jesus Name, Amen